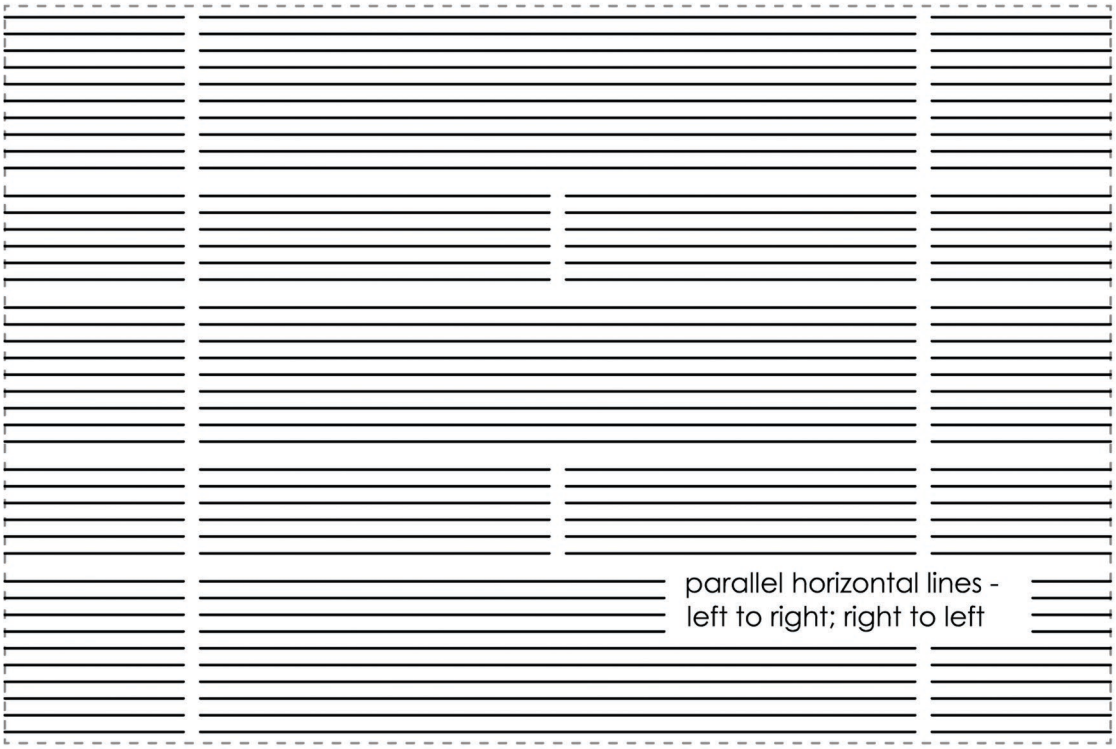
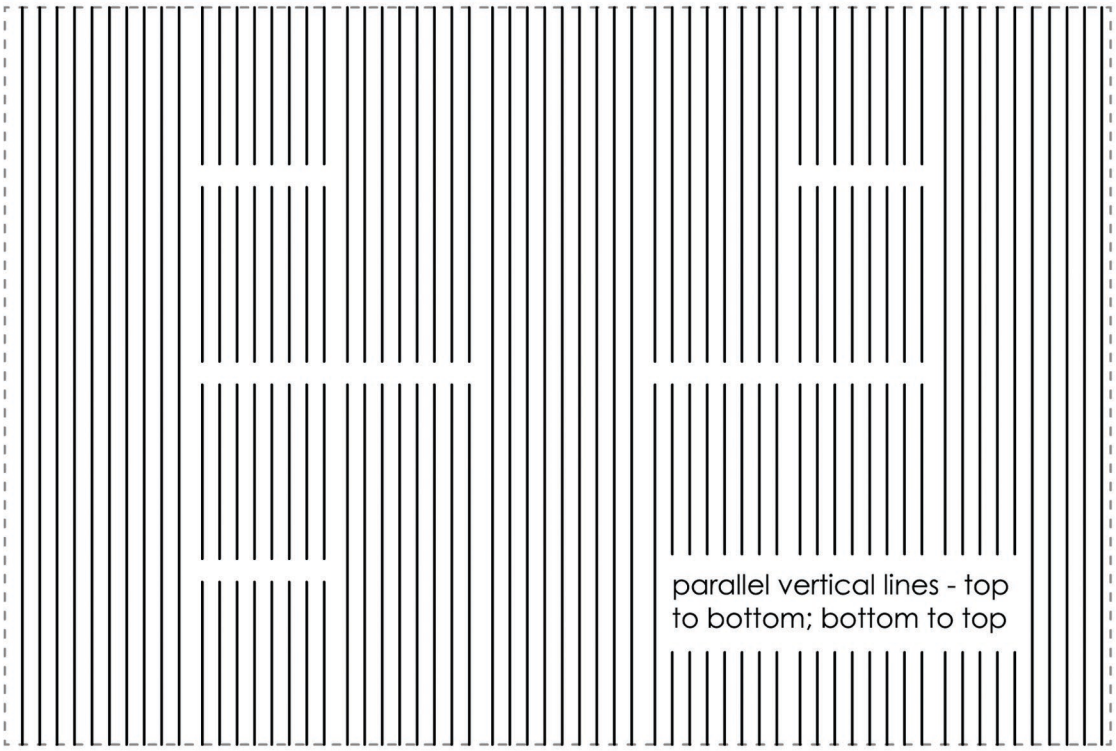
WORKOUT TEST 1 REFERENCE SHEET



Sheet-1



Sheet-2